

# Back to Life

Courses in Emergency Care and First Aid

*Protecting and Saving Lives*



## Emergency Drills

### Overview

Handling a medical emergency can be one of the most challenging experiences in any clinical role, even for the most experienced of teams.

Through the use of a variety of customisable scenarios, we can visit you to carry out a hands-on emergency simulation, testing your team's capabilities in their own working environment.

The drill is followed up by a comprehensive debrief, where the team will discuss their experience of the drill, reflecting upon their thoughts and actions, and identifying their strengths, weaknesses and ways to improve their performance in a real-life emergency. Our team members that lead the debriefings have been trained and assessed by Joanna Lawrence, who runs a post graduate certificate module in debriefing and feedback at Brighton and Sussex Medical School.

Depending on the purpose of the drill, you can choose to receive a full emergency scenario report, detailing the specific actions of the team and how these actions meet good practice guidelines, and noting any recommendations or improvements.

### Benefits of the Course

- Provides the opportunity for staff to practice emergencies safely without putting patients/clients at risk
- Provides a safe environment for staff to discover both good practice and their own practices that need to develop to provide better levels of care
- Provides evidence of an independent, objective view of your emergency procedures and client/patient management

### Information for the Day

- Drills can be either announced or unannounced
- 2 Assessors per drill, optional video-recording for viewing in the debrief
- Typical timings:
  - Set up: 1 hour
  - Scenarios: 20 minutes
  - Break: 5 minutes
  - Debriefing: 1 hour
  - 30 minutes to remove equipment
  - Post-drill report write-up: 1 hour
  - Total duration: 3/4 hours

**Type Of Course:** Theory and practice

**Duration Of Course:** 3 hours

### Back to Life Ltd

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