



Early Years First Aid

Overview

This course is designed for carers of children and babies in the absence of their parents/guardians.

It is a requirement from Ofsted that there should be at least one person available within the childcare setting at all times who holds a valid paediatric first aid certificate. It is, however, recommended that childcare settings consider training all staff in paediatric first aid.

The content of the course is approved by Ofsted and appropriate to the age of the children in any given childcare setting.

The course is fun, practical and informative and is made relevant and appropriate for those working with children.

All of our training courses are delivered by qualified instructors.

Upon successful completion of the course you will receive a Back to Life certificate, valid for 2 years from the date of issue.

Course Content

Accidents and injuries

- Basic Life Support appropriate to the age of the children being cared for
- Choking
- Shock and Bleeding
- Eye injury
- Foreign objects in ears etc.
- Head injuries
- Minor wounds
- Moving injured casualties
- Poisoning
- Recognising injury to; bones, joints and muscles
- Shock
- Spinal injury
- Stings and bites
- Effects of extreme temperatures including febrile convulsion

Common Chronic Medical Conditions in Children

- Asthma
- Epilepsy
- Anaphylaxis
- Diabetes
- Sickle cell anaemia
- Dealing with infectious illnesses in child care, including meningitis

Equipment & Reporting

- First aid boxes
- Reporting and record keeping
- Reporting of Injuries and Diseases and Dangerous Occurrences Regulations (RIDDOR)
- Medicine Administration



Early Years First Aid (Continued)

Learning outcomes

- Understand the chain of survival
- Understand the principles of initial assessment
- Understand the basic theory and practice of dealing with injuries and illness
- Gain information on how to set up policies and procedures within the Childcare setting and be able to plan for first aid emergencies
- Learn what are the recommended first aid boxes and equipment you should have in the childcare setting including safe storage and administration of medication

Type of Course: Theory and practice

Duration: 12 hours / 2 days

Maximum Number of Candidates (Per Trainer): 12

Certification: Delegates who successfully complete the course receive a Back to Life certificate (verifiable for health professionals for continuous professional development) valid for 3 years.

Recertification It is recommended that candidates attend annual updates to maintain their Basic Life Support and Defibrillation skills, and repeat the full 12 hour course after 3 years.