



Paediatric Immediate Life Support

(Resuscitation Council UK accredited/certificated course)

The Paediatric Immediate Life Support (PILS) course trains individuals in the skills of initial assessment of a sick child and provides knowledge and education in the causes and prevention of cardiopulmonary arrest.

The course combines hands-on practical skill stations, workshops and a lecture. Candidates can prepare in advance of the course by studying their PILS manual (provided 2 weeks in advance of the training date) and complete the required pre-course reading.

Upon completing the course candidates will receive a Resuscitation Council (UK) certificate and will be able to function as part of a paediatric resuscitation team.

Course Content

- **Lectures**
 - Recognition & initial management of the seriously ill child
- **Practical Stations**
 - The ABCDE approach
 - Basic Life Support and choking
 - Airway management and ventilation
 - BLS with adjuncts
 - Emergency circulatory access, fluid administration and medications
 - Paediatric ALS algorithm & management of cardiorespiratory arrest
 - Simulation practice
 - Optional targeted training

Learning outcomes

- Understand the structured ABCDE approach that facilitates rapid recognition of seriously ill children
- Provide appropriate initial treatment interventions to prevent cardiorespiratory arrest
- Treat children in respiratory or cardiorespiratory arrest until the arrival of a resuscitation team or more experienced assistance
- Become members of a paediatric resuscitation team

Type Of Course: Theory and practice

Duration Of Course: 7 hours contact time

Maximum Number of Candidates (Per Trainer): 6

Certification: Valid for 1 year